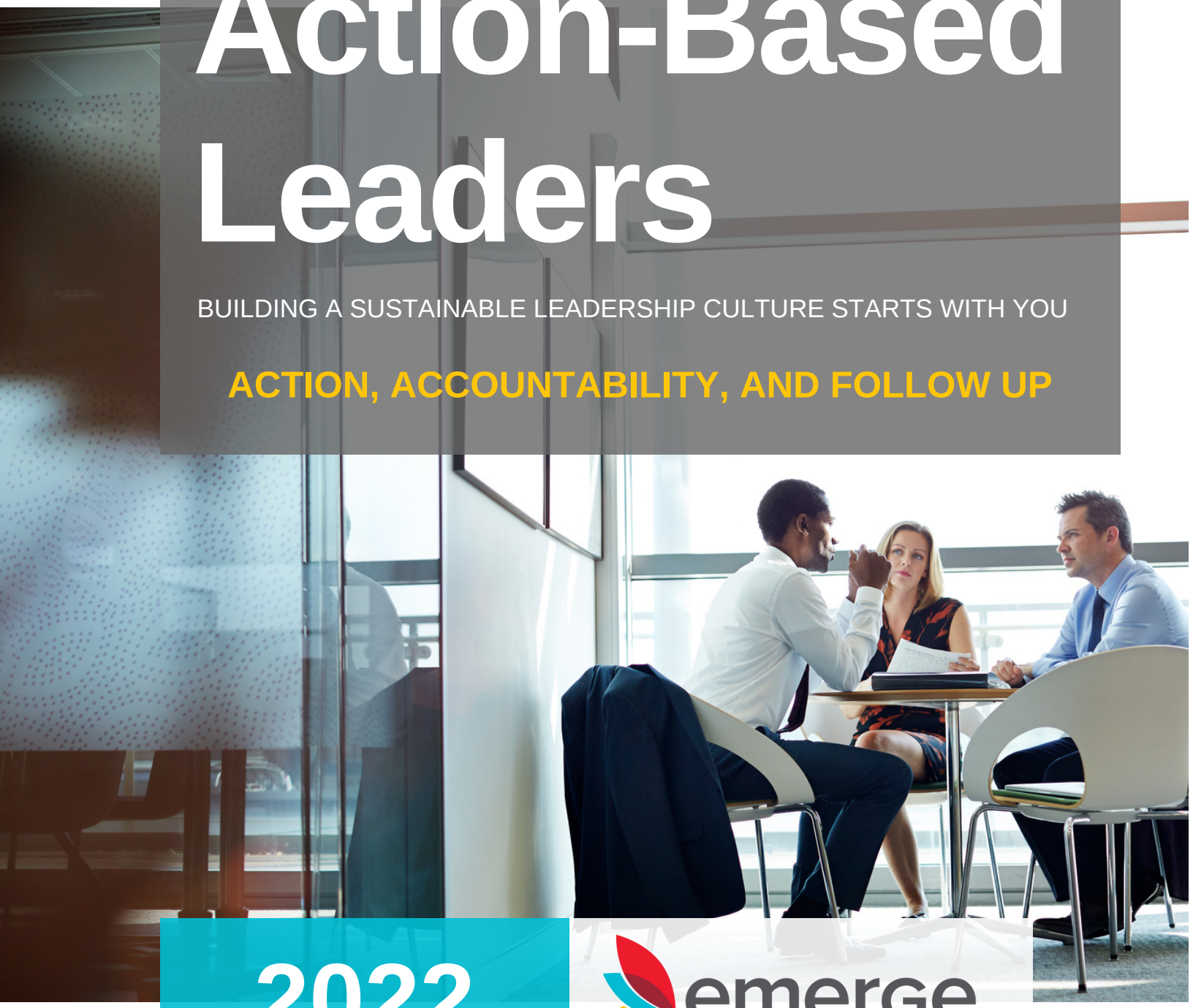
Action-Based Leaders

BUILDING A SUSTAINABLE LEADERSHIP CULTURE STARTS WITH YOU

ACTION, ACCOUNTABILITY, AND FOLLOW UP



2022

emerge
Optimize

A STEP BY STEP GUIDE FOR BECOMING A POWER-FULL LEADER

Change Management... You can't stop and rewind, the only way to learn the secret is to press play.

We are all Leaders... WHAT are you leading and HOW do others perceive your leadership?

If you don't like what your seeing from your team there is only one place to look... Yourself.

ACTION-BASED LEADERS GROUP COACHING SESSION OVERVIEW

Helping people get Action, Accountability and Follow-up.

LEARN how to become the best version of yourself

MASTER the hidden mindset that will take you to the next level.

Group Coaching Program: 24 Sessions - 1 Hour group call every 2 weeks.

Session 1 - Are you a Boss or a Leader? Learn how to eliminate the "boss" that blocks success

Session 2-5 - Busting Up the Change Management Myths

Session 6 - Your Road to Success... Fully Becoming an Action-Based Leader

Session 7 - Influential Leaders
- It Starts With You
- No Mediocrity in Excellence
- Honor Success Celebrate Often

Session 8 - Influential Leaders
- Make Self-Care Non-Negotiable
- Take Action and Choose Bravery

Session 9 - Influential Leaders
- Manage Their Energy

Session 10 - Influential Leaders
- Ask For What They Want
- Master Climbing Mountains

Session 11 - Influential Leaders
- Improve Every Day
- Surround Themselves with Heroes
- Build Relationships

Session 12-24 - Energy Leadership
- Assessment and 1:1 Debrief
- Transform your workplace from the core
- Unleash what blocks success

“EACH DAY YOU ARE LEADING BY EXAMPLE. WHETHER YOU REALIZE IT OR NOT OR WHETHER IT'S POSITIVE OR NEGATIVE, YOU ARE INFLUENCING THOSE AROUND YOU.”

From Our Team

At Emerge Optimize, you will find a team that likes to have fun. We do not hold back and we tell it like it is. We learned a long time ago, that when you withhold you start a war within, and who in the heck wants to do that. Letting go of professional stuffy jargon was easy, we deem ourselves to be professionally "edgy" and uncovering what is blocking your success motivates us to show up and be fearless every day. When we created the ABL series we brainstormed this question, “What would change the culture, landscape, and profitability of today’s modern companies?” The answers brought about this interactive 24-session Group Coaching format.

Participants will experience and practice common-sense principles and goals that will be thought-provoking as they determine the type of Leader they want to BE. We have produced it in easy bite-size pieces so that once you read, study, and then determine how you will best take Action, You will become the leader you want to be in this world… one who Makes a difference!

The time is now! As you embrace this program, working and relationships will all become easier. You will learn how to get Action, Accountability, and Follow-up: One Conversation at a time.

Come ready to have fun with us, and be challenged like never before!

emerge
Optimize Team

YOUR EXPERIENCE IS YOUR CHOICE!

When you play half-A$$, you get half-A$$ ...
How will you put your whole self in?

Debbie Forcier-Lynn

INTRODUCTION:

Our team is comprised of Leadership Development Experts and Coaches. We have guided individuals through all sorts of assessments, coaching and development programs. As we do so, some will pick up a piece of the puzzle here or there but never really get the whole picture. They know where they are, where they want to be, and what they can achieve if they CHOOSE to begin to really understand themselves and CHOOSE to be the Leader who has developed SELF MASTERY. Imagine where your company would be when leaders (and we believe we are all leaders) master the same high level of conviction, communication, duplicable processes, and accountability.

This Series format is designed with simple reading, BUT the magic happens from your commitment to take the time to ponder and practice each step-by-step experience and what it has for you and what it is telling you about your leadership potential. This journey is yours... How will you show up?

ACTION-BASED LEADERS PROGRAM SPECIFICS

Helping people get Action, Accountability and Follow-up.

LEARN how to become the best version of yourself

MASTER the hidden mindset that will take you to the next level.

This course is designed to:
Unleash Leadership Potential

Participants in this program will learn to:

- Eliminate the "boss" mentality that blocks success.
- Create individual action steps for “NEW” ways of leading.
- Set up accountability relationships for consistent follow-up.
- Utilize basic Coaching Skills and strategies to get results.

Expectations of the Participants :

- Be fully present online, visually for each one-hour session- (we want to see your smiling face).
- Do your homework before class begins.
- Participate “FULL OUT” remembering, what you put into this program will ultimately be what you take away from it.
- Utilize all aspects of the program as needed. Ask for what you need!
- Speak up, speak out, be authentic always!
- Ask questions, don’t hold back, and show up curious and fully present to experience this class.
- Be willing to be coached by certified professional coaches

The Benefit For You:

- Participants will be coached on the topic! Meaning you will come prepared to be challenged with Action, Accountability, and Follow-up according to your commitment as a new leader.
- Participants will become empowered to move forward boldly and take bold action.
- Participants will experience a new awareness around personal power, how to motivate, how to delegate, how to set boundaries, and have tough conversations.
- Participants will be challenged to spend time with their leaders and engage in reciprocal feedback to develop their own leadership skills.
- Participants will answers questions, view role plays, and learn together.
- Participants will have the tools to embrace action, accountability, and follow-up as they move mediocrity aside