

INDIVIDUAL LEADERSHIP COACHING SERVICES

Action, Accountability and Follow Up



The Contacts

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What is Professional Coaching?

Professional coaching is a unique relationship between a professional, certified coach and a client. Coaching is entirely confidential. Our Coaches are able to bring out your potential as a person. Our process focuses on connecting your inner purpose and passion to your goals and strategies, allowing you to achieve the results you are expecting to achieve. Coaching is all about you! As the client, you choose what to discuss and when to discuss it. Coaches are responsible for helping you break through the things holding you back and keeping you from success. Through the coaching process, accountability brings about sustainable change.

What is One on One Coaching?

Simply that. You and your coach work together, one on one. We specialize in Executive, Leadership, and Integrative Health Coaching. Our certified coaches focus on your unique areas of strengths and opportunities for development. Our programs are focused, confidential, and designed to enhance your individual performance.

Leadership Development Coaching

Positive, powerful, influential leaders embrace action and accountability. Our Coaches provide leaders the opportunity to focus on their core strengths and capabilities; maximize their effectiveness; and identify "blind spots", gaps or challenges as opportunities for growth.

INDIVIDUAL BREAKTHROUGH COACHING

This is ongoing customized coaching support. This package is tailored to individual goals and overall initiatives.

Investment:

3-month minimum contract - Highly recommend 2 sessions minimum/month for best results.

Billed monthly per requested sessions

All packages include:

- Unlimited Text/email support
- Up to 2 random, short duration laser support calls monthly

Contact us directly for Pricing

